

# METAMORPHOSIS: UNFOLDING AND TRANSFORMING

A SOLO SHOW

BY

*Rachel Le Roux*

---

18 APRIL - 1 MAY 2023



*women united*  
ART MOVEMENT



## WOMEN UNITED ART MOVEMENT

# METAMORPHOSIS: UNFOLDING AND TRANSFORMING

Tuesday, April 18, 2023 to Monday, May 1, 2023

Women United ART MOVEMENT

is proud to present

METAMORPHOSIS: UNFOLDING AND TRANSFORMING

a solo exhibit

by

RACHEL LE ROUX

Discover the captivating journey of self-discovery in 'Metamorphosis', an exhibition that explores the multifaceted stages of personal growth. From delicate intricacies in each figurative piece to the fierce movement and full release revealed in my abstracts, I slowly unveil the complexities of transformation through each transitional phase to the powerful rebirth of blooming into one's full potential. Witness the beauty of embracing vulnerability in this showcase of an artistic and, most importantly, a personal shift that will hopefully inspire you to nurture your understanding of change and growth.

### ARTIST BIO

Rachel Le Roux is a British-Filipina multidisciplinary fine artist and interior architect based in Manila, Philippines, who proudly holds a BA Honours Degree from Chelsea College of Art in London, England. After a twelve-year career in the local architectural industry, Rachel closed her design business in 2020 to pursue art full-time.

Working primarily with pencil and oil on canvas, she intertwines body language with fabric to exude feminine fluidity, capturing hidden emotions within each piece. Rachel's work celebrates the beauty and complexity of womanhood and her love of the female form. However, she also nurtures her love of abstract art - bringing life to her leftover and unused paints from her figurative work to explore movement within each piece. Through this dualistic approach, she finds a balance that allows continuous growth within her art practice.

Rachel's artwork has been featured in local group exhibits like the South Arts Festival Art Fair Manila and Leon Gallery Manila. She also participated in online group exhibitions through Art Mums United, Arts to Hearts Project, The Curator Salon, Visionary Art Collective, and Visionary Projects. In addition, her work can be found in private collections worldwide and has been featured in multiple publications such as The Huts, Arts To Hearts Project, Clover + Bee, and Art Seen. She is also an artist with a voice, as a contributing writer for Women United Arts Magazine.

#### ARTIST STATEMENT

My creative path began with a passion for pencil and oil on canvas. My pieces are often centered around capturing feminine figures in flow or repose, where I navigate through layers that eventually unravel to become my narrative, telling my own stories in faces and bodies that do not belong to me.

Most recently, my art shifted into the expression of my creative evolution through a self-portrait series where I've allowed myself to explore deeper into what lies beneath the surface, unveiling an untold story through self-portraits draped in fabric like a protective cloak - presenting a peek behind this metaphorically invisible barrier that has concealed me for so long. With each piece comes renewed courage, as if allowing others glimpses within encourages me to do the same with newfound clarity about whom I am becoming.

Even with these transitions in my creative journey, I realise that I am inspired by time and how it is ceaseless. Whether I'm painting women in their stolen moments, painting myself, or creating my abstracts - movement and stillness will always be the fundamental components of my work and are the main factors I focus on when manifesting my ideas and concepts. Duality is vital - one thing shifting around each other as they dance together to create something intertwined with the true core of who I am.

[www.rlerouxart.com](http://www.rlerouxart.com)

---

RACHEL LE ROUX

METAMORPHOSIS: UNFOLDING AND TRANSFORMING

50 x 60 cm (h x w)



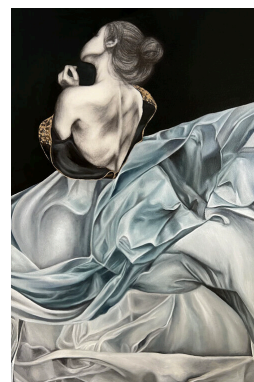
---

Rachel Le Roux

Let Me Breathe For Just One Moment, 2023

36 x 24 inch (h x w)

Pencil and oil on canvas



---

Rachel Le Roux

What If I Set Myself Free?, 2023

30 x 30 inch (h x w)

Pencil and oil on canvas



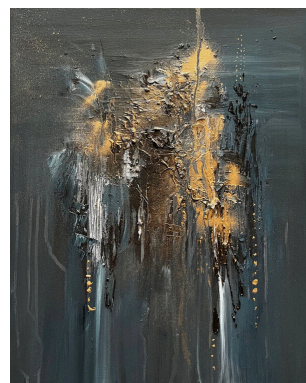
---

Rachel Le Roux

Flying Over The Seas, 2023

20 x 16 inch (h x w)

Oil on canvas



---

Rachel Le Roux

Golden Halos In The Evening Sky, 2022

20 x 16 inch (h x w)

Oil on canvas



---

Rachel Le Roux

What Is Beyond This?, 2022

24 x 24 x 1 inch (h x w x d)

Oil on canvas



---

Rachel Le Roux

What If I Let Go?, 2022

24 x 24 x 1 inch (h x w x d)

Pencil and oil on canvas



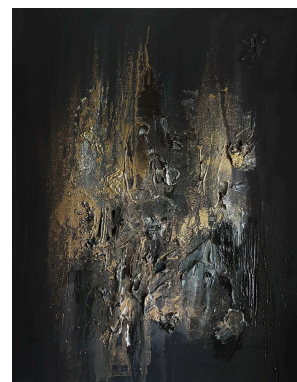
---

Rachel Le Roux

Go Ahead And Shine, 2023

40 x 30 inch (h x w)

Mixed media on canvas



---

Rachel Le Roux

What Is This Freedom?, 2023

24 x 24 x 1 inch (h x w x d)

Pencil and oil on canvas



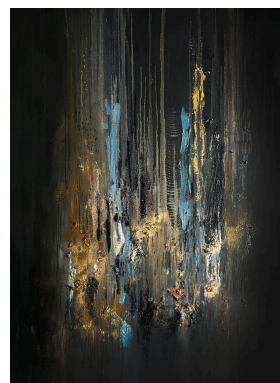
---

Rachel Le Roux

The Space In Between, 2022

40 x 30 inch (h x w)

Mixed media on canvas



---

Rachel Le Roux

She Is Like The Ocean, 2023

30 x 20 inch (h x w)

Pencil and oil on linen canvas



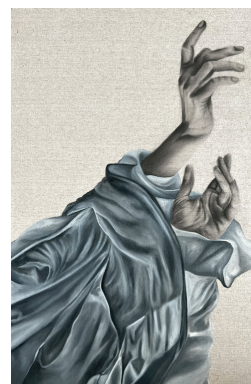
---

Rachel Le Roux

Reaching Up To Those Skies, 2023

30 x 20 inch (h x w)

Pencil and oil on linen canvas





Rachel Le Roux  
The Sunsets Gleam, 2022

20 x 16 inch (h x w)  
Oil on canvas



Rachel Le Roux  
All That Messy Stitching, 2022

20 x 16 inch (h x w)  
Oil on canvas



Rachel Le Roux  
Freedom In The Deep Blues, 2023

20 x 16 inch (h x w)  
Oil on canvas

